We Are IN IT TO END IT

We dream of a world where the suffering caused by fistula comes to an end in all countries where this condition persists today. By adding new Fistula Foundation Partners, and by building new Fistula Foundation Treatment Networks that connect all women in all parts of a country with high-quality care, we can make this dream a reality.

Prisila was treated for vesicovaginal fistula at Gynocare Women’s and Fistula Hospital in Kenya. Today, she is dry.

Cristobel lived for nine years with a severe perineal tear that caused incontinence. She received free care at Mbala General Hospital in Zambia.

Batena was successfully treated by doctors from HEAL Africa during a surgical outreach effort in Tshibala, Democratic Republic of Congo.

Bhoke developed fistula after undergoing a cesarean hysterectomy. She received life-changing treatment at Bugando Medical Center in Tanzania.

Roshni Lodhia
Sumy Sadurni
Bienfait Tussi
Roshni Lodhia
Building on Success

We piloted our countrywide treatment model in Kenya in 2014. Nine years and more than 10,000 surgeries later, Fistula Foundation Treatment Network (FFTN) in Kenya serves as our flagship network. Today, lessons learned from FFTN in Kenya guide our efforts elsewhere.

Training Compassionate Ambassadors

Following our success in Kenya, we built a second countrywide treatment network in Zambia in 2017. To reach women in rural parts of the country, we trained nearly 1,500 community health volunteers and Safe Motherhood Action Group members to spread information about fistula and to refer patients for care.

Going the Last Mile

In 2022, we launched a third treatment network in the Democratic Republic of Congo (DRC). Where possible, we work with partners to operate continuous care facilities. But where necessary—as in many parts of the DRC—we provide care through specially arranged surgical outreach efforts.

Reaching Every Woman

With our newest treatment network, FFTN in Tanzania, we take a decisive step toward achieving our vision to end the suffering caused by fistula—country by country, surgery by surgery, one woman at a time. Along with our partners, we are creating an infrastructure of care that will ensure that no woman is left behind.
No Woman Left Behind

When we say *In It to End It*, we mean that we won’t stop until every woman injured in childbirth has access to surgery than can restore her health and give her hope for the future. Our model works at scale to end the needless suffering of multitudes of women. But we need you, our compassionate supporters, to make this vision a reality. I hope we can count on you to stick with us.

— Kate Grant  
*Chief Executive Officer*
Our Mission in Action

At Fistula Foundation, we believe that no woman should live a life of misery and isolation, simply for trying to bring a child into the world. We strive every day to end the suffering of women injured in childbirth—and to ensure that no woman is left behind.

Everlyn suffered with fistula for two decades. After she was treated by our partner Mbala General Hospital, Everlyn reunited with her husband, John.

An Ambitious Plan

Since 2009, when Fistula Foundation launched a global strategy to treat women with obstetric fistula, we have supported more than 75,000 surgeries for women in need.

Under a new strategic plan, we will exceed that achievement in just five years. From 2023 to 2027, we aim to provide 80,000 surgeries, add more than 40 partners, and build five new countrywide treatment networks. By pursuing this plan, we will reach and serve women with devastating childbirth injuries on a scale that equals the urgency of their suffering.
To provide better, faster, and more effective care to women in need, we continuously assess and adapt our program operations. To improve our understanding of fistula care coverage across our global network, we now collect site-specific data from each partner organization. Today, our partners are reaching and healing women at 148 sites in 28 countries.
Leveraging the Power of You

Every donor has a powerful story—and a unique connection to our cause. No matter how you originally learned about fistula, or what motivates you to support women with this devastating condition, you and thousands of supporters like you have changed tens of thousands of lives.

Turning Passion into Purpose

What happens when you turn your passion for women’s health into a new career? Dr. Brandie Freeman did just that. Brandie is a longtime donor to Fistula Foundation who learned about fistula from the documentary Half the Sky, based on a book by Nicholas Kristof and Sheryl WuDunn. In 2019, she had a revelation: To follow her passion for women’s healthcare, she should become a pelvic floor therapist. She left teaching and underwent training in physical therapy, and today runs her own practice in Acworth, Georgia. “It is important to me to provide an oasis of care here in the county where I was raised,” Brandie said.

“Most of my clients are from a rural area, and I’m the only clinic in the [vicinity].” For the past 10 years, Brandie has supported Fistula Foundation by making monthly and annual gifts. In recent years, she has hosted pelvic floor workshops that serve as fundraising events. Brandie also hopes one day to pursue mission work in developing countries, where she would train people in pelvic floor therapy. “I try as much as I can to make my life about service. When that’s your mindset, opportunity presents itself,” she said.

Giving While Living—and While Painting

Ellen Walton is an artist who uses her creativity to help others. After a career as a real estate professional in northern Virginia, Ellen retired with her husband in Santa Fe, New Mexico. She wanted to find a new way to channel her energy, and began oil painting. Today, she sells her paintings to raise money for charities, including Fistula Foundation.

Several years ago, Ellen decided to leave money in her will for charities that help women in need. Then her husband suggested that she could have an impact right away. So now Ellen directs proceeds from the sale of her work to several nonprofits. Over the past six years, Ellen has made donations through Fistula Foundation to support seven repair surgeries. To market her paintings, she sends out a monthly online newsletter. In one newsletter, she told the story of a fistula patient named Salma, and noted that Salma had undergone repair surgery—thanks to donors’ generosity. “As you can see, proceeds from the sale of my art do help to make a difference,” she wrote.
GuideStar by Candid
Fistula Foundation has been named a Platinum-level GuideStar Participant—the highest level of recognition given to charities by GuideStar.

GreatNonprofits
Thanks to nearly 800 five-star reviews from supporters, Fistula Foundation was named a Top-Rated Charity in 2022.

BBB Wise Giving Alliance
For the past 17 years, Fistula Foundation has met all 20 of the BBB Standards for Charity Accountability.

Charity Watch
Charity Watch has awarded an A rating to Fistula Foundation, and recognizes the Foundation as one of only 45 charities on its list of Top Rated International Organizations.

Charity Navigator
Fistula Foundation has earned an “exceptional” four-star rating from Charity Navigator every year since 2005.

The Life You Can Save
The Life You can Save—cofounded by Peter Singer—has featured Fistula Foundation on its list of the “best charities for effective giving” since 2014.

Charity Navigator by Candid
Fistula Foundation has been named a Platinum-level GuideStar Participant—the highest level of recognition given to charities by GuideStar.

Each year since 2005, we have received the highest rating from every nonprofit sector watchdog group.

<table>
<thead>
<tr>
<th>Revenues and Support</th>
<th>Total</th>
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<tr>
<td>Contributions</td>
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<tr>
<td>Net Investment Income (loss)</td>
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<td>Net Assets Released from Restriction for Purpose</td>
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<td>Total Revenues and Support</td>
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<table>
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<tr>
<th>Expenses</th>
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<td>Program Services</td>
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<td>Management and General</td>
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<tr>
<td>Fundraising Expense</td>
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<td>Total Expenses</td>
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| Change in Net Assets                        | ($4,406,820)      |
| Net Assets at Beginning of Year            | $21,820,739       |
| Net Assets at End of Year                  | $17,413,919       |

Overall Spending in 2022

- **Program Services**: 85%
- **General and Management**: 8%
- **Fundraising**: 7%
Patients at Comprehensive Community-Based Rehabilitation in Tanzania (CCBRT), in Dar es Salaam, sing joyful songs together. By tradition at CCBRT, patients wear like-colored gowns—including blue gowns on weekends.